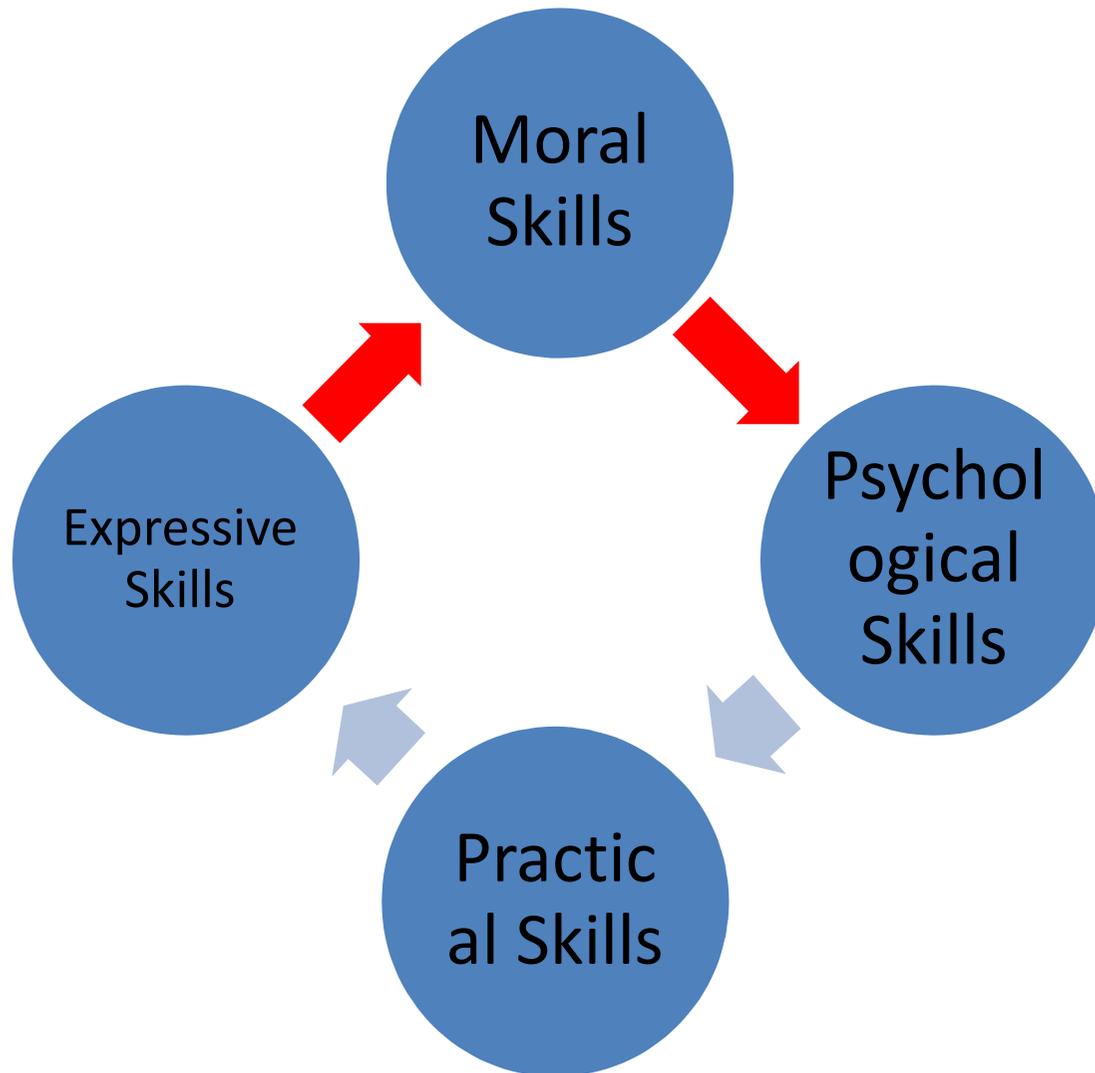


## Expected Outcomes (For Children)

- Experiencing themselves as divine creation.
- Enjoying a healthy high self esteem and self confidence.
- Being capable to express themselves freely.
- Gaining the ability to control their minds and use the power of thought properly.
- Managing their anger, fear and all negative emotions in healthy ways.
- Discovering and appreciating one's uniqueness.
- Nurturing the innate urge for moral growth and transformation through self observation.
- Raising a sense of responsibility for their wellbeing and that of others.
- Breeding in openness and tolerance to the diverse cultures and faiths, old and new.
- Educating them to work in teams with the spirit of completion and integration, not competition
- Manifesting a state of gratitude by properly using all God-given gifts .
- Solving their problems peacefully.

# Expected Outcomes (Caregivers & Teachers)



# Moral Skills

Unconditional  
love to ALL  
children

Believing in  
the inner  
wisdom of  
children

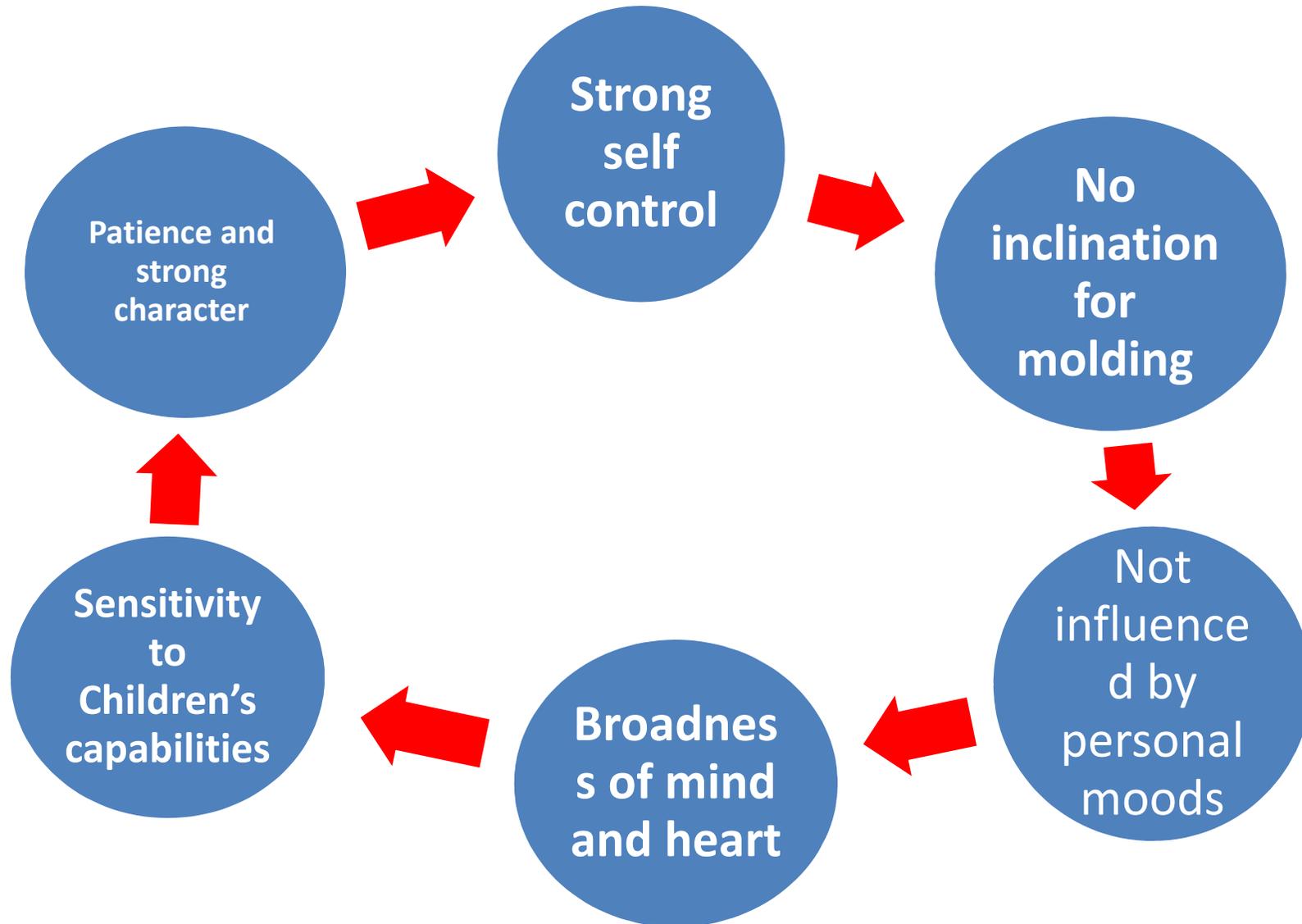
Sensitivity to  
a child's needs  
and feelings

Spreading an  
energy of  
peace and  
safety

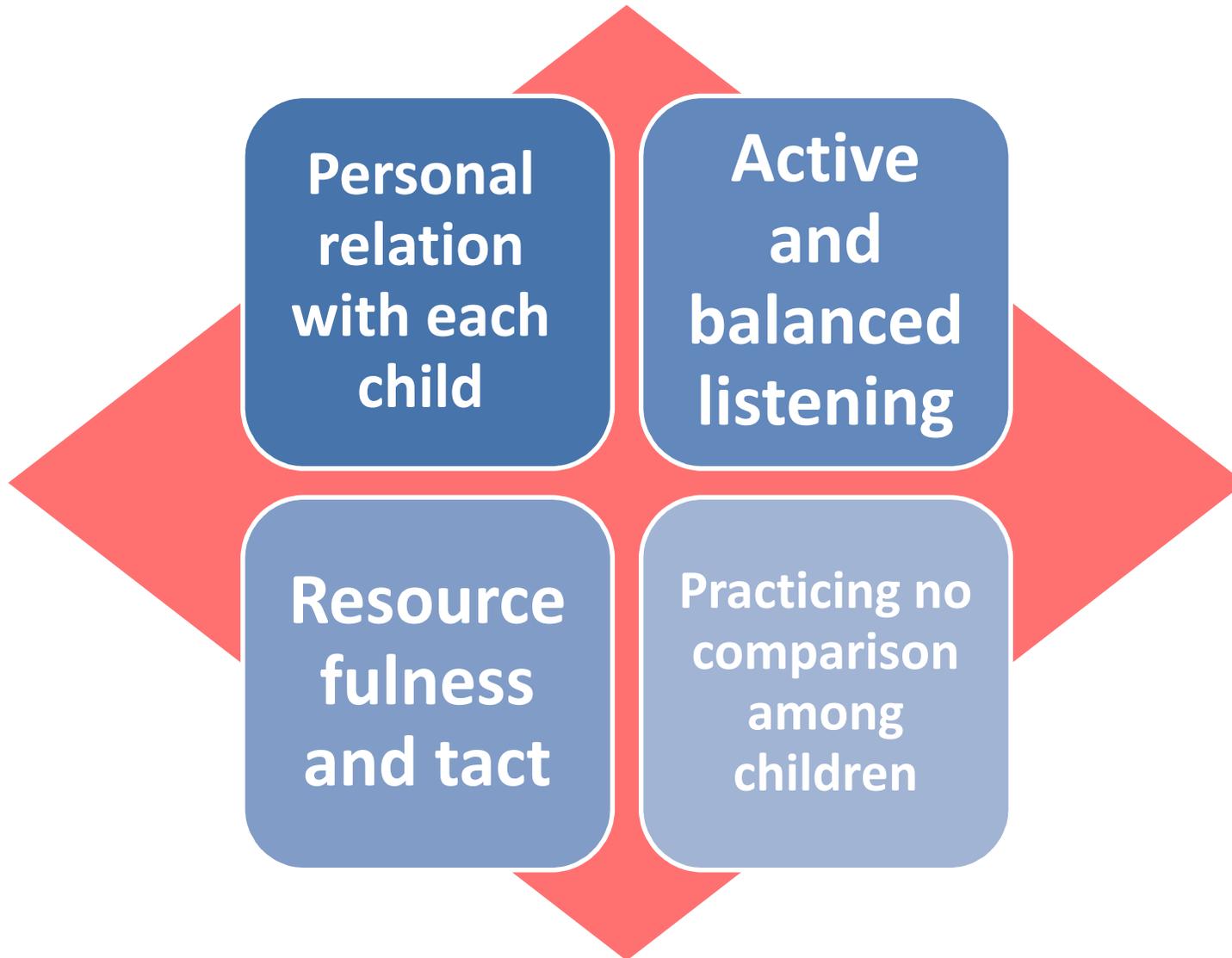
Flexibility and  
openness to  
new  
knowledge

Experiencing  
the divine  
presence of  
being with  
children

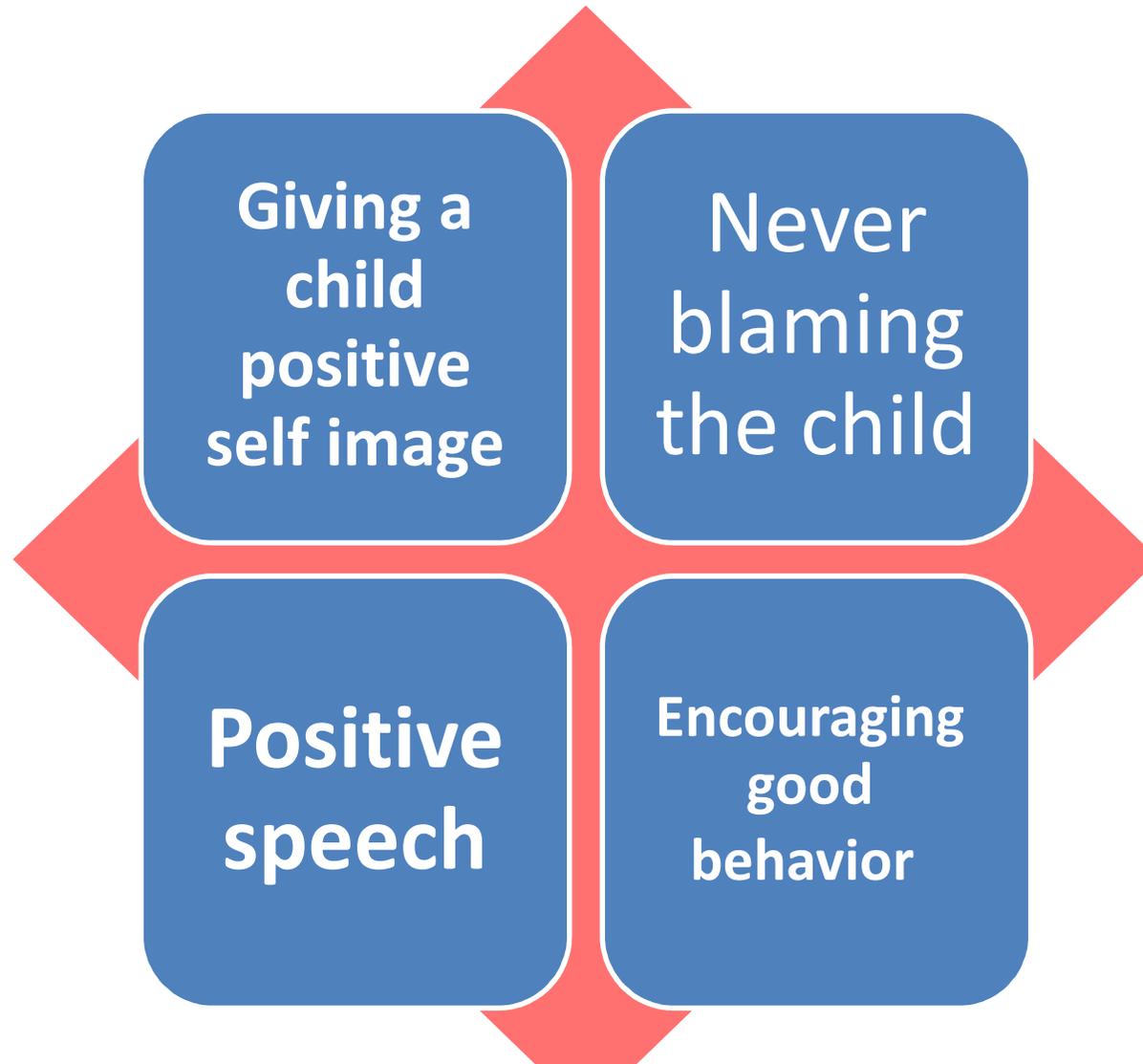
# Psychological Skills



# Practical Skills (1)



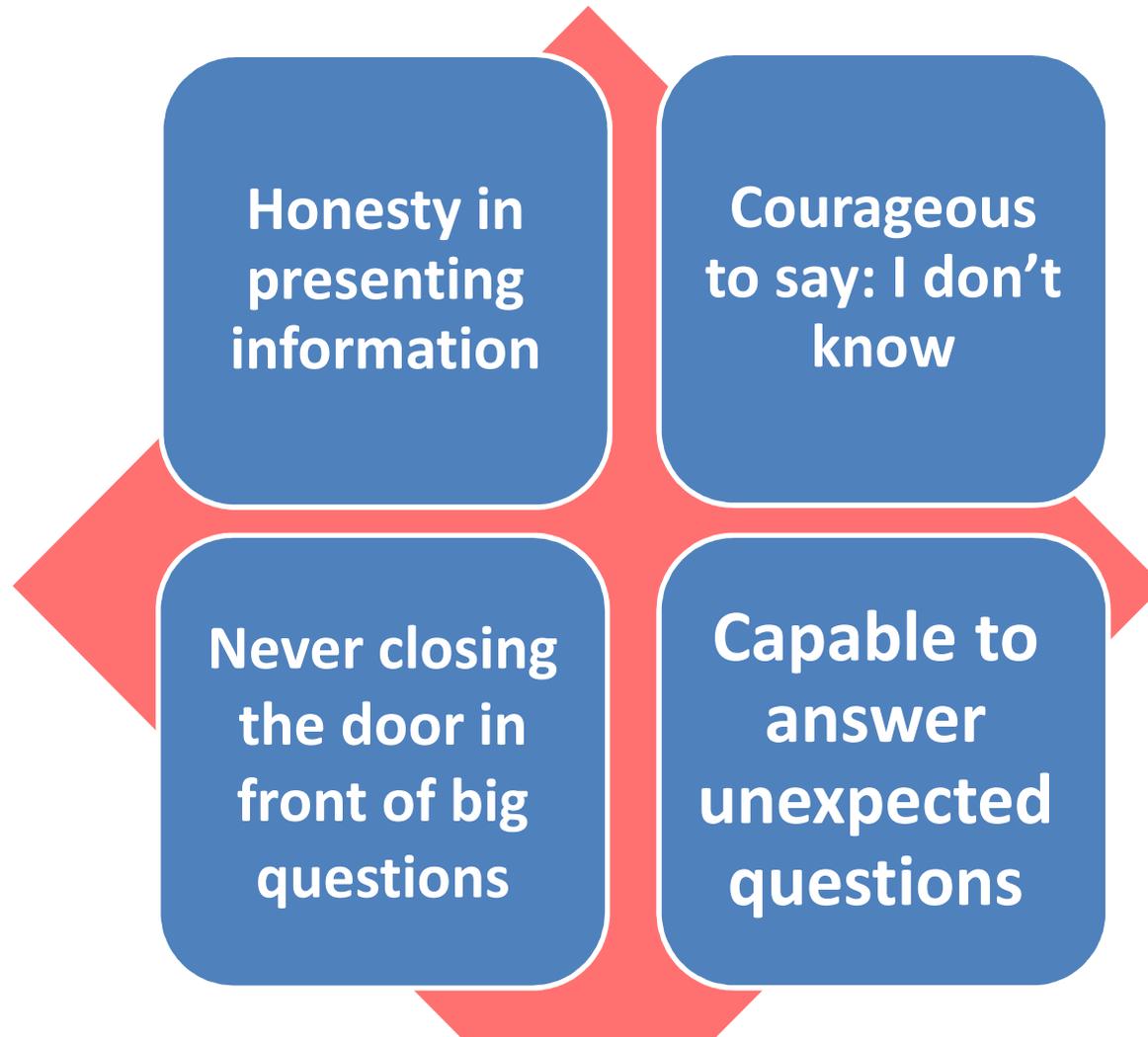
# Practical Skills (2)



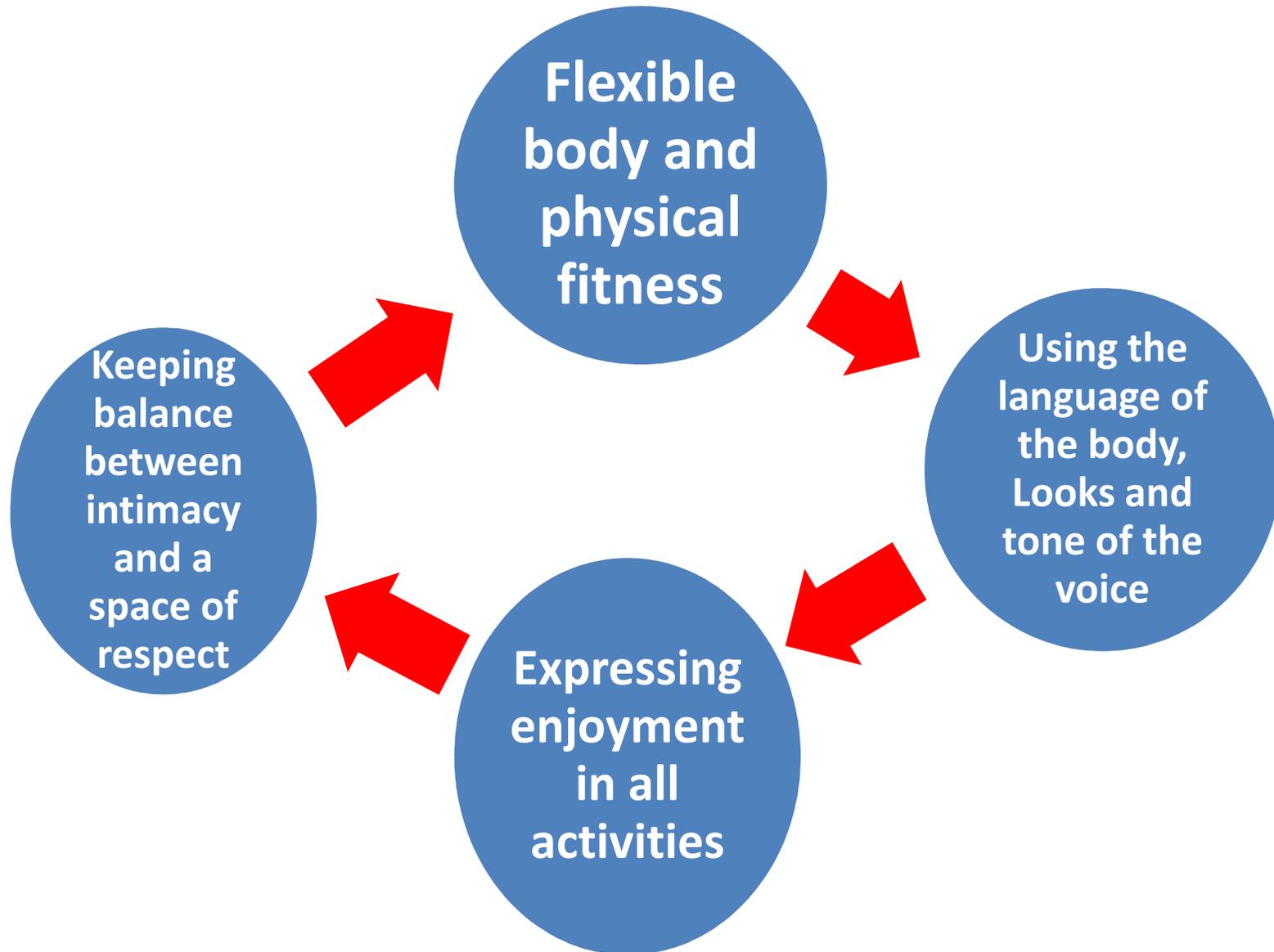
# Practical Skills (3)



# Practical Skills (4)



# Expressive Skills



## Expected Outcomes (For Parents)

- **Mutual Respect:**
  - Our children are independent souls, not extension of us.
- **Mutual Love:**
  - Parenthood is an experience to transform instinct love into the ability to love unconditionally; we grow as humans.
- **Mutual Trust:**
  - We believe in their capabilities and genuineness, just as God created them to be. We accept and respect

# Understanding Our Roles As Parents

- Support .. Not Molding:
  - Exploring our children's potentials and capabilities
- Embracing .. Not Control:
  - Supplying an environment of safety, freedom and respect for them to grow emotionally and psychologically.
- Support .. Not Overprotection:
  - Respect of their right to make mistakes and learn from them.
- Communication .. Not Coercion:
  - Having fun together

## Expected Outcomes (For Family)

- Every member is fulfilled and supporting others to be fulfilled.
- Everyone is more sensitive to the needs and feelings of others.
- Family's life is void from any blame among its members.
- ANY problem can be handled peacefully with mutual understanding.
- We can express ALL feelings whatever they are without hurting each other.
- Our relationships are expressions of genuine and continuous love, and never turn into burdens or heavy duty.

## Expected Outcomes (Relation With Oneself)

- Open up to the special talents of your Higher Self to lead your steps even in the worst situations
- Find a meaning and value in all what you do
- Turn job challenges into a journey for personal growth and achievement.
- See each new phase of life with fresh eyes, new aspirations, new prospects
- Discover your buried anger and ill feelings and release them in healthy ways
- Accept losses and life's pains as necessary teachers
- Soften early life memories with mercy and forgiveness
- Healing the emotional wounds of the past.

# Expected Outcomes: (With Friends and Colleagues)

Become more conscious in your relationships and develop loving and truthful tools of communication

Build up relationships based on integration not conflict.

Manage your anger and hurt feelings with friends and loved ones

Overcome your hesitancy to open up and share yourself with another

Address the inner beauty in everyone, and focus not on weaknesses.

Make competition a means for enhancing the best in all, and in the interest of all, not for defeating one another.